



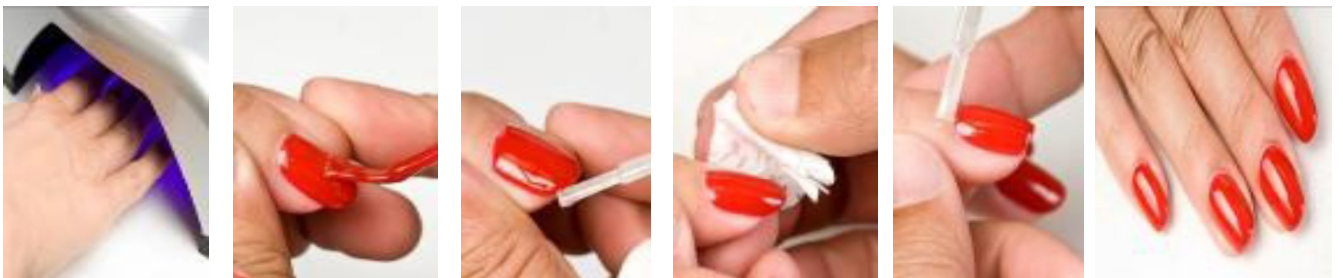
**APPLICATION
EDUCATOR GUIDE**





1. Sanitize the nails and your clients hands.
2. Push back the cuticle and clean the surrounding nail plate.
3. Shape the natural nail using your Hand & Nail Harmony file of choice (recommended: **Hand & Nail Harmony Wooden File**)
4. Gently remove the shine using the 100 side of the **Hand & Nail Harmony 100/180 Buffer**.
5. Remove the dust and clean the nail.
6. Wipe the nail with **Hand & Nail Harmony Cleanser** using a lint free wipe.
7. Apply **Hand & Nail Harmony PH Bond** to the nail plate, sparingly.
8. Apply **GELISH FOUNDATION GEL** - in a thin application and seal the edges of the nail.
9. Place hand in the LED Light for 10 seconds or UV Light for 1 minute.
10. Remove tacky surface with clean dry brush or clean dry wipe. **NO CLEANSER.**
11. Apply **GELISH SOAK OFF GEL POLISH** of Choice - in a thin application from cuticle to free edge. Be sure to seal the edges of the nail.
12. Place hand in the LED Light for 30 seconds (20 seconds for light colors) or a UV Light for 1 minute for lighter colors or 2 minutes for darker colors.
13. For darker coverage, repeat Step 10 & 11.
14. Apply **GELISH TOP IT OFF GEL SEALER** from cuticle to free edge using a thin light application. Cap the free edge
15. Place hand in LED Light for 20 seconds or UV Light for 2 minutes.
16. Wipe off the tacky service with **HAND & NAIL HARMONY CLEANSER**.
17. Apply **HAND & NAIL HARMONY NOURISH** cuticle oil to the skin surrounding the nail.

Tech Tips: Hand & Nail Harmony recommended cure times are based on using a 5 watt LED Light or 36 watt UV Light for curing. For best performance follow recommended cure times.

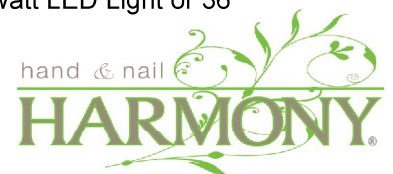




GELISH ENHANCEMENT APPLICATION

1. Sanitize the nails and your clients hands.
2. Push back the cuticle and clean the surrounding nail plate.
3. Gently remove the shine using the 100 side of the **Hand & Nail Harmony 100/180 Buffer**.
4. Remove the dust and clean the nail.
5. Wipe the nail with **Hand & Nail Harmony Cleanser** using a lint free wipe.
6. Apply **Hand & Nail Harmony PH Bond** to the nail plate.
7. Apply **GELISH FOUNDATION GEL** - sparingly in a thin application and seal the edges of the nail.
8. Place hand in the LED Light for 10 Seconds or UV Light for 1 minute.
9. Remove tacky surface with clean dry brush or clean dry wipe. **NO CLEANSER.**
10. Apply **GELISH STRUCTURE GEL** in a thin application from cuticle to free edge to build structure in the nail. Seal the edges of the nail and the free edge.
11. Place hand in LED Light for 30 seconds or UV Light for 2 minutes.
12. Apply **GELISH SOAK OFF GEL POLISH** of Choice - in a thin application from cuticle to free edge. Be sure to seal the edges of the nail.
13. Place hand in the LED Light for 30 seconds (20 seconds for lighter colors) or UV Light for 1 minute for lighter colors and 2 minutes for darker colors.
14. For darker coverage, repeat Step 11 & 12.
15. Apply **GELISH TOP IT OFF GEL SEALER** from cuticle to free edge using a thin light application. Cap the free edge.
16. Place hand in LED Light for 20 seconds or UV Light for 2 minutes.
17. Wipe off the tacky service with **HAND & NAIL HARMONY CLEANSER**.
18. Apply **HAND & NAIL HARMONY NOURISH** cuticle oil to the skin surrounding the nail.

Tech Tips: Hand & Nail Harmony recommended cure times are based on using a 5-watt LED Light or 36 watt UV Light for curing. For best performance follow recommended cure times.





MAINTENANCE USING LED & UV LIGHT

1. Sanitize the nails and your clients hands.
2. Push back the cuticle and clean the surrounding nail plate.
3. Using a **180 GRIT HAND & NAIL HARMONY FILE**, lightly file over the entire nail to remove the shine and blending the Gelish to the natural nail.
4. On the natural nail gently file using the **HAND & NAIL HARMONY 100 GRIT BUFFER**. Be sure not to angle your buffer so that you do not create any damage to the natural nail.
5. Remove filing dust.
6. Use a lint free wipe and **HAND & NAIL HARMONY CLEANSER** to clean the entire nail surface.
7. Apply **HAND & NAIL HARMONY PH BOND** to the natural nail only.
8. Apply **GELISH FOUNDATION GEL** sparingly over the entire surface of the nail, be sure to seal the edges.
9. Remove tacky surface with clean dry brush or clean dry wipe. **NO CLEANSER.**
10. Place hand in LED Light for 10 seconds or UV Light for 1 minute.

NOTE: if you have applied **GELISH STRUCTURE GEL** to the nail, please apply at this time.

11. Apply **GELISH SOAK OFF GEL POLISH** of choice over the entire nail surface.
12. Place hand in LED Light for 30 seconds (20 seconds for lighter colors) or UV Light for 1 minute for lighter colors or 2 minutes for darker colors.
13. For darker coverage, repeat Step 10 & 11.
14. Apply **GELISH TOP IT OFF GEL SEALER** from cuticle to free edge using a thin light application.
15. Place hand in LED Light for 20 seconds or UV Light for 2 minutes.
16. Wipe off the tacky service with **HAND & NAIL HARMONY CLEANSER**.
17. Apply **HAND & NAIL HARMONY NOURISH** cuticle oil to the skin surrounding the nail.

Tech Tips: Hand & Nail Harmony recommended cure times are based on using a 5 watt LED Light or a 36 watt UV Light for curing. For best performance follow recommended cure times.





GELISH REMOVAL

GELISH REMOVAL WITH ARTIFICIAL NAIL REMOVER

1. Use **Hand & Nail Harmony 180 Grit File**, gently file the surface of the GELISH to break the seal and remove the shine of the Top It Off.
2. Soak in Hand & Nail Harmony Artificial Nail Remover for 10 minutes.
3. Gently remove gel with orange wood stick.
4. Use **Hand & Nail Harmony 220/280 Buffer**, lightly buff surface of nail.
5. Apply **Hand & Nail Nourish** cuticle oil.

GELISH REMOVAL WITH COTTON & FOIL

1. Use **Hand & Nail Harmony 180 Grit File**, gently file the surface of the GELISH to break the seal and remove shine.
2. Place a cotton saturated with **HAND & NAIL HARMONY ARTIFICIAL NAIL REMOVER** over the nail.
3. Wrap in foil for 10 minutes.
4. Gently remove gel with orange wood stick.
5. Use **Hand & Nail Harmony 220/280 Buffer**, lightly buff surface of nail.
6. Apply **Hand & Nail Nourish** cuticle oil.

NOTE: If you have done fill maintenance on the nails, the removal time may be longer.

